

Hi, I'm Dr. Katherine Iscoe!

- Speaker, Podcaster, Shoe-Lover
- The Self-Respect Revolution™
- Redefining how we live, love & lead

With over 20 years of expertise in health and wellness, I've dedicated my journey to helping women live, love and lead with respect. Because while self-esteem and confidence are undeniably vital, it is self-respect that serves as the authentic bedrock for personal and professional growth among emerging and established leaders alike.



Talking Topics

- SELF-RESPECT
- BOUNDARIES
- SELF-CARE
- AUTHENTICITY
- ACCOUNTABILITY
- AUTONOMY
- SELF-REFLECTION
- SELF-AWARENESS
- SELF-ACCEPTANCE

“ Dr Katherine is one classy human.

CARMEN BRAIDWOOD | 6PR Radio

She's an academic with the doctorate to prove it, but it's her real-world experiences of entrepreneurship, self-doubt and hard knocks that really add to the value she brings. You'll never leave a conversation without feeling listened to, you'll learn a whole lot of facts and be instantly inspired. On top of all that, she loves dogs. **What's not to love?**

Dr. Katherine
WWW.DRKATHERINE.COM



Media & Events

University of Western Australia • City of Perth • Commonwealth Bank of Australia • Chevron • Women In Tech WA • Studio 10 • ABC • ABC Radio • Michael Page • Medtronic • Hicksons • Griffin Group • Hesperia • Take 5 • Shire of Katanning • Health Engine • GMA UWA • Channel 9 • The Pulse • MamaMia • The Sunday Times • KIIS FM • The Australian • 92.9hit! FM • Raine Square • The Perth Collective PR • Wrays IP Lawyers • 6PR • Teoxane Laboratories • Sunrise • Today Tonight • Hawaiian Group • Talentko • Corporate Traveller • American Diabetes Association • AMSL Diabetes • Type 1 Diabetes Family Centre • Cosmopolitan • PerthNow • News.com.au • The West Australian • What to Expect When You're Injecting Podcast • But Really, How Are You? Podcast • The Experts Podcast • Holistic Health Radio • The C-Word Podcast • Finding Our Balance Podcast • Wellness Women Radio • 21st Century Women Podcast • Committee for Perth • Perth Business Network • Words With Oz Podcast • The Inspired Optimist Podcast • Cosmedicon • Eat Your Cake Podcast

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